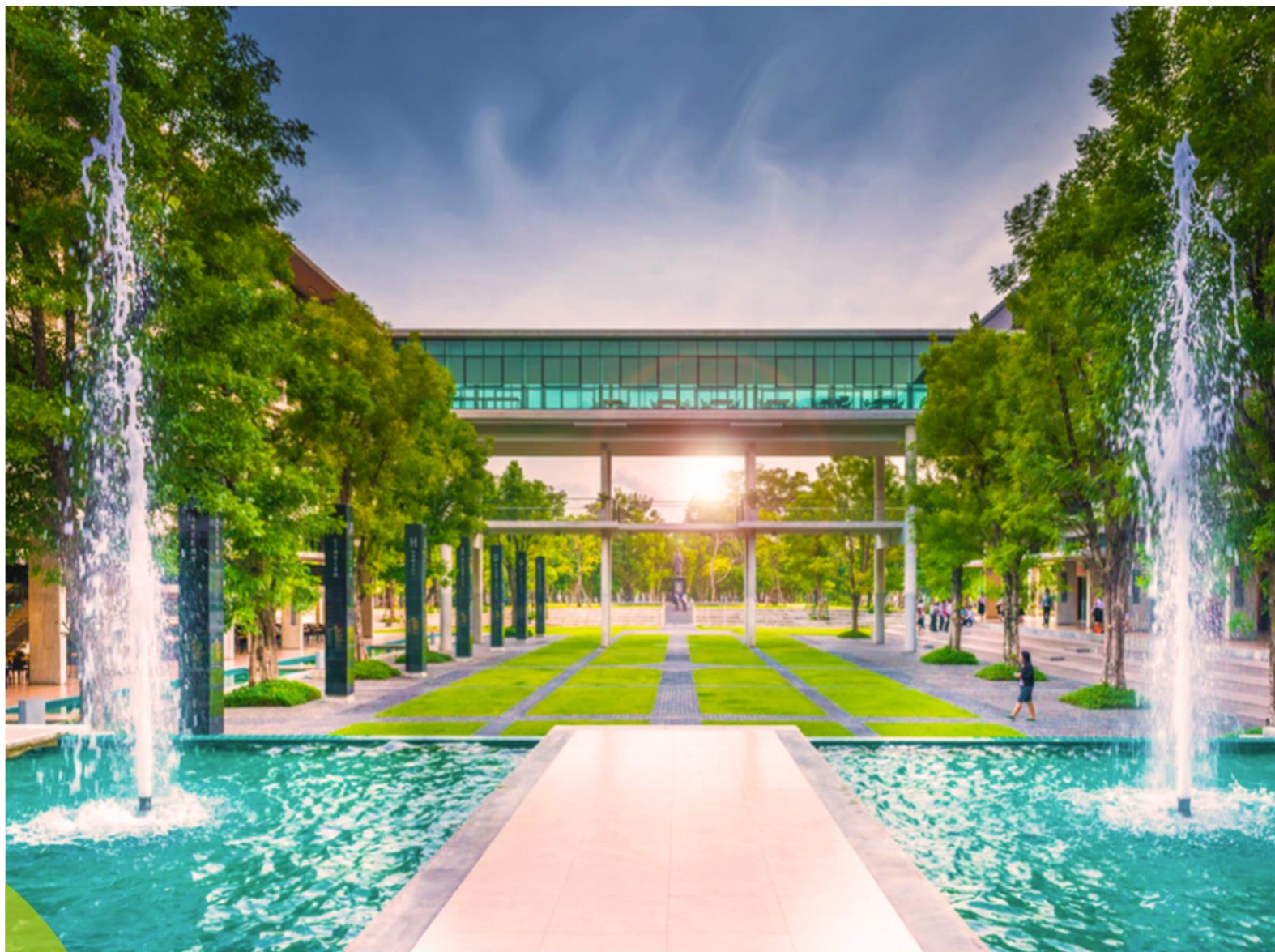


# MAHIDOL UNIVERSITY

INSTITUTE OF HUMAN RIGHTS  
AND PEACE STUDIES



2021

# STUDENT GUIDEBOOK



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## INSTITUTE OF HUMAN RIGHTS AND PEACE STUDIES

Based in Salaya, Nakhon Pathom province, the Institute of Human Rights and Peace Studies (IHRP) is the result of a recent merger between Mahidol University's Center for Human Rights Studies and Social Development (est. 1998) and the Research Center for Peacebuilding (est. 2004). IHRP combines the experience and perspective both centers have to offer. IHRP is uniquely interdisciplinary and is redefining the fields of peace, conflict, justice and human rights studies in the Asian Pacific region and beyond.

The Center for Human Rights Studies and Social Development (CHRSD) was established in 1998. For more than ten years, it served as an academic institution specialized in human rights, with a track record in providing postgraduate education as well as training

programs to students, human rights workers, human rights defenders, members of civil society organizations and government officials. The MA in Human Rights started by the CHRSD is the longest running graduate degree program in Human Rights in

The Research Center for Peacebuilding was founded in November 2004 as a research center with the impetus to be part of the peaceful solution to conflicts in Thailand, especially the conflict in the three southernmost provinces: Pattani, Yala, and Narathiwat. The Center has developed and implemented considerable action and participatory research projects. These projects focus on facilitating cooperative efforts to deal with the conflicts through opening space for dialogue at all levels, reduce violence and to identify needs of community and society. Also, the projects provide input for new public policies in order to transform conflicts and build just and peaceful society.

Our focus remains on social and political realities at the community, national and international levels. The IHRP is committed to the advancement of human rights and peace by educating human rights and peace practitioners, promoting outreach programs to community and international organizations, and conducting cutting edge research on important issues.

## VISION

The Institute of Human Rights and Peace Studies plays a leading role in academic enquiry and practical wisdom in human rights and peace-building.

## MISSION

Promoting learning excellence in human rights and peace and engaging communities in the transformation towards just peace



There is an increasing demand for trained human rights academics and professionals in the Asian region, as evidenced by developments such as the creation of an ASEAN human rights body as well as an on-going need for effective and evidence-based policy. IHRP at Mahidol University (MU) in Thailand is uniquely poised to respond to these demands by offering progressive, high-quality, international human rights graduate programs with a focus on Asia.

As a leader in human rights and peace education in the region, IHRP is committed to promoting human rights, peace and development studies through our degree programs and research and training activities. The IHRP also provides professional training courses for academics, activists and government officers in order to promote human rights, peace and just development in the region. For the past several years, the IHRP has gained a reputation for annual training courses, including the South East Asian Advanced Program on Human Rights and the Annual Thematic Human Rights Training Program. We also undertake research on issues related to human rights, peace and development, and have established a resource center for these areas of study. The IHRP is part of the internationalized community at Mahidol University. Our degree programs and training courses draw students, participants and lecturers from many countries in Asia and beyond.





## WEBSITE

<https://ihrp.mahidol.ac.th>

## CONTACT AND VISITOR INFORMATION

Institute of Human Rights and  
Peace Studies (IHRP)  
Panyapiphat Building,  
Mahidol University  
Salaya Campus, Phuttamonthon,  
Nakhon Pathom, 73170 Thailand  
Tel: (+66) 0 2441-0813-15  
ext. 1110-1115

## EMAIL

PhD Human Rights and Peace Studies  
[ihrp-phd@mahidol.ac.th](mailto:ihrp-phd@mahidol.ac.th)

MA Human Rights  
[ihrp-ma@mahidol.ac.th](mailto:ihrp-ma@mahidol.ac.th)

Asia Pacific MA Human Rights and  
Democratisation (APMA)  
[ihrp-mhrd@mahidol.edu](mailto:ihrp-mhrd@mahidol.edu)

MA Human Rights and Peace Studies  
(Thai Program)  
[ihrp.mu.program@gmail.com](mailto:ihrp.mu.program@gmail.com)

## OUR INTERNATIONAL PROGRAMS

### PhD Human Rights and Peace Studies

Students are required to complete two semesters of coursework (taking one year) followed by three to five semesters of research to finish their PhD thesis. The coursework is seminar based, for which students will work closely with noted academics and practitioners of human rights and peace from Asia and other regions.

#### PLAN 1: Research Only

Required Courses	- credits
Dissertation	48 credits
Total	48 credits

#### PLAN 2: Course Work & Dissertation

Required Courses	15 credits
Dissertation	36 credits
Total	51 credits

### Study Plan

#### Plan One: Research Only (Starting in January)

Year	Semester 1		Semester 2	
1	HPHP 608 Research Methods in Human Rights and Peace *		Qualifying Examination	
2	HPHP 898 Dissertation	12 credits	HPHP 898 Dissertation	12 credits
3	HPHP 898 Dissertation	12 credits	HPHP 898 Dissertation	12 credits

NOTE: \* Not counted as credit

## Plan Two: Course Work & Dissertation (starting in August)

Year	Semester 1		Semester 2	
1	HPHP 604 Human Rights and Peace Theory	3 credits	HPHP 605 Critical Perspectives for Human Rights and Peace	2 credits
	HPHP 611 Human Rights Standards and Mechanism	3 credits	HPHP 606 Human Rights and Peace in Practice	2 credits
	HPHP 607 Seminar in Human Rights and Peace	2 credits	HPHP 608 Research Methods in Human Rights and Peace	3 credits
		Total 8 credits		Total 7 credits
2	Qualifying Examination HPHP699 Dissertation	12 credits	HPHP 699 Dissertation	12 credits
3	HPHP 699 Dissertation	12 credits		

### Course Description

#### **HPHP 604** Human Rights and Peace Theory (3 credits)

Historical development of human rights concepts and debates. Development of the studies of peace, war and conflict. Philosophical, legal and political questions related to human rights and peace. Concepts and theories of conflict, war and peace. Major disciplines of human rights theories. Tensions and complementarity between human rights and peace concepts and theories

#### **HPHP 605** Critical Perspectives for Human Rights and Peace (2 credits)

Concepts and theories of justice as related to human rights and peace. Critiques of human rights from cultural relativist, post-modern and feminist perspectives. Gender, conflicts and non-violence. Power dynamics, conflicts and human rights. Links between development, human rights and peace.

#### **HPHP 606** Human Rights and Peace in Practice (2 credits)

Major approaches to handle conflicts, conflict transformation, conflict resolution and mediation; peacekeeping, peacemaking and peacebuilding. Responses to human rights violations in conflict situations and transitional justice from peace and human rights perspectives.



Relationship between human rights and peace practices. Morality and ethics of human rights and peace practitioners. Responsibility to Protect (R2P) and issues of state sovereignty especially in Asia-Pacific.

**HPHP 607** Seminar in Human Rights and Peace (2 credits)

Selected human rights and peace/conflict issues. Introduction to local, regional and global human rights and peace challenges ; population mobility, the fight against terrorism, corporate accountability, the relationship between democracy, human rights and peace, just war, new technology, media and human rights and peace. Issues to be selected will be based on interests of students of each batch.

**HPHP 608** Research Methods in Human Rights and Peace Studies (3 credits)

Philosophical concepts, theories and approaches underpinning research methodology in human rights and peace studies. Peace and human rights studies as social science research. Theoretical and conceptual frames for human rights and peace studies. Human rights and peace research design. Research tools, protocols and ethics for peace and human rights research.

**HPHP 611** Human Rights Standards and Mechanisms (3 credits)

Basic concepts of international law. Politics behind development of international human rights standards and mechanisms. Critical examination of international and regional human rights regimes. Some specific categories of rights and some specific human rights, social, economic, cultural, civil and political rights. National implementation of international and regional human rights standards. Review of national human rights institutions. State and non-state actors and obligations.

**HPHP 699 or 898** Dissertation (36 credits)

Formation of problem and research proposal; Review literatures related; Data collection; Data processing; Data analysis and interpretation; Research report writing or dissertation; Presentation and publication of the research in the international peer-reviewed journals. Conducting research based on research ethics in all research processes.

## MA in Human Rights (MAHR)

The MA in Human Rights (MAHR), which began in 1999, is the first graduate program in human rights in Southeast Asia. The curriculum is designed to reflect the interdisciplinary nature of human rights issues. Since its establishment, the program has attracted students from Asia and other regions. The Program's medium of teaching is English.

### Objectives

The MAHR program aims at producing graduates who are capable of applying human rights knowledge to their fields of work, be they academics, policy makers, human rights practitioners or activists. Graduates will learn to acquire knowledge independently, a skill necessary for the advancement of academic studies and promotion of human rights in society.

The program is committed to producing graduates who:

1. Have an excellent knowledge of human rights from an interdisciplinary perspective, and are knowledgeable about human rights situations relevant to their own experiences or specific interests
2. Are able to relate their knowledge of human rights with political, economic, social and cultural contexts
3. Are capable of utilizing human rights knowledge in their respective fields of work
4. Have social awareness and the intention to establish human rights in society

## Program Structure

Required Courses	15 credits
HPHR 504: Human Rights in Asia HPHR 505: Research Methods in Human Rights HPHR 506: Human Rights Theory HPHR 519: Human Rights Norms and Mechanisms HPHR 520: Seminar in Human Rights	
Elective Courses	9 credits minimum
HPHR 510: Practical Skills for Human Rights Protection HPHR 512: Human Rights in International Relations HPHR 518: Applied Research in Human Rights HPHR 521: Peace, Conflict Management and Human Rights HPHR 522: Independent Study HPHR 523: Internship	
Thesis	12 credits
HPHR 698 Thesis	12 credits

## Study Plan

Required Courses	15 credits
Dissertation	9 credits
Total (minimum)	36 credits

Year 1	Semester 1	
	HPHR 504 Human Rights in Asia	3 credits
	HPHR 506 Human Rights Theory	3 credits
	HPHR 519 Human Rights Norms and Mechanisms	3 credits
	Elective 1	3 credits
	Total	12 credits
	Semester 2	
	HPHR 505 Research Methods in Human Rights	3 credits
	HPHR 520 Seminar in Human Rights	3 credits



	Elective 2	3 credits
	Elective 3	3 credits
	Total	12 credits
Year 2		
	HPHR 698 Thesis	12 credits
	Total	12 credits

## COURSE DESCRIPTION

### Required Courses

#### HPHR 504 Human Rights in Asia

Overview of human rights in Asia in their political, economic, social and cultural contexts. Major developments since World War II impacting on and influenced by human rights; in particular, colonial legacies and new forms of domination in Asian societies from the perspectives of human rights theory and practice. Human rights legislation and institutionalization of human rights in Asian countries. Establishment of a regional human rights mechanism.

#### HPHR 505 Research Methods in Human Rights

Overview of legal and empirical research methods in the field of human rights. Preparation of students for empirical master's theses. In particular, development of the ability to define research objectives, to ask research questions and to design research projects; training in sampling, data collection, and data analysis with a focus on qualitative research; evaluation of research proposals and research reports using common quality standards.

#### HPHR 506 Human Rights Theory

Introduction to major disciplinary approaches to human rights, in particular philosophical, social scientific and legal approaches. Discussion of the development of theories and concepts of human rights from western and non-western perspectives. Critical analysis of contemporary debates on human rights.

#### HPHR 519 Human Rights Norms and Mechanisms

Development of international and regional human rights treaties and other legal and political documents on human rights. Contents of human rights standards including: civil and political rights; social, economic and cultural rights; and rights to development and self-determination. Interpretation and applicability of rights stated in different human rights standards. International systems for the promotion and protection of human rights. Legal, political, and social mechanisms necessary for the realization of human rights at the international level. Roles of the United Nations, other inter-state bodies and institutions, non-governmental agencies, the media, and civil society with respect to human rights. Critical assessment of the mechanisms studied.

#### HPHR 520 Seminar in Human Rights

Most relevant and recent issues in the field of human rights and in students' common areas of interests. Current issues may focus on globalization, democratization and good governance, promotion of global free trade, development, poverty eradication, environmental conservation, forced migration, peace and conflict management, different forms of armed conflicts, business and human rights, etc. Impacts of these issues on violations or protection of human rights.

#### HPHR 698 Thesis

Requires prior development and successful defense of a research proposal. Conduct of a research project including literature review, data collection, data analysis, and the interpretation of results in the context of the extant scholarship. Submission and oral defense of a thesis reporting research results. Publication of research results in a scholarly journal article or in another academic format; alternatively, presentation at an academic conference.

Implementation of the principles of research ethics, including monitoring for and response to ethical problems, throughout the course of the project, from the preparation of the research proposal through the conduct of the research and the dissemination of the research results.

## Electives

### HPHR 510 Practical Skills for Human Rights Protection

Introduction to and training in practical skills for the protection of human rights, including human rights monitoring, fact-finding, report writing, campaigning, and advocacy. Engagement with human rights bodies and platforms. Other skills relevant to human rights activities, negotiating, and lobbying. Introduction to peace and conflict management skills. Pragmatic skills in human rights project development, management and evaluation.

### HPHR 512 Human Rights in International Relations

Emergence and significance of human rights in international relations. Importance of international human rights norms in relation to state sovereignty. Ethical traditions in international relation based on morality, law and politics. Exploration of the interrelationship between human rights, international principles, and foreign policy. The use of human rights for economic and political purposes.

### HPHR 518 Applied Research in Human Rights

Research of relevance to current understanding of human rights promotion and protection. Research through cooperation with human rights organizations. Practical and immediate concerns in human rights promotion and protection. Applying researching to address immediate human rights concerns. Human rights analysis of national policy and/or practice, and evaluation of programs and activities in human rights.

### HPHR 521 Peace, Conflict Management and Human Rights

Concepts of peace and conflict studies with emphases on conflicts in regional, national, and sub-national context, between state and non-state actors, between conservative and emancipatory political movements, over social development, over resources for public use



at community and national level. International and domestic dimensions of conflicts. Understanding and applicability of conflict prevention, transformation, and resolution. Implications of conflict management for human rights protection.

#### HPHR 522 Independent Study

Individual study of specific topics in human rights according to student's interests under the supervision of a faculty member. Research conduct of human rights from international, regional and national sources.

#### HPHR 523 Internship

Negotiation. Recommendation; development of attitude on human rights; finding the best solution to resolve human rights issues.



# Asia Pacific Master of Arts in Human Rights and Democratisation (APMA)

The Asia Pacific Master of Arts in Human Rights and Democratisation, better known as APMA, is one of seven regional master's programmes under the Global Campus of Human Rights.

The programme is designed for those seeking greater understanding of regional and global human rights and democratisation issues. The programme is suitable for human rights practitioners and activists, for those engaged in related fields, or for new students who have just completed their first degree.

## Objectives

By the end of the programme, students will have:

1. Excellent knowledge of theory and practice of the promotion and protection of human rights and democratisation
2. Tested their ability to undertake independent scholarly research on current human rights and democratisation issues in the Asia Pacific region
3. The capacity to put their academic understanding of human rights and democratisation to use in real situations

## Program Structure

Students take up eight courses over two semesters. These courses include:

HPRD 541 Human Rights and Democratisation Research Methods

HPRD 544 Human Rights and Democratisation Intensive  
(focus changes yearly)

HPRD 554 Practical Skills in Human Rights  
Protection and Promotion

HPRD 555 Concepts of Human Rights and Democratisation

HPRD 556 Human Rights Norms and Mechanisms

HPRD 557-560 Critical and Emerging Human Rights Issues  
(focus depends on partner university)

HPRD 561-562 Regional and National Human Rights Norms and  
Mechanisms (regional focus depends on partner university)

HPRD 563 Human Rights and Democratisation Practicum

In addition, students take up HPRD 698, which corresponds to the thesis part of the programme.

During the first semester, students take up four courses at Mahidol University. The first semester serves as the foundational semester for the program. The second semester then opens with the intensive class, which involves extended field work and lectures and discussions from GC Asia Pacific experts. In addition, students are also expected to defend their thesis proposal during this time.



After this, students will continue their studies in one of the other four universities of the GC Asia Pacific. They may also choose to do an internship, write an applied research paper, or a combination of both for the Practicum course.

Students are expected to defend their thesis at the partner university near the end of the programme.

## CURRICULUM

### HPRD 541 Human Rights and Democratisation Research

Overview of social scientific and legal research methods, qualitative and quantitative; different research methods relevant for research on human rights and democratisation; formulation of research problems, research design; research methodology and data analysis; research ethics.

### HPRD 544 Human Rights and Democratisation Intensive (focus changes yearly)

Selected topics in human rights and democratisation; analysis of selected human rights topics at Asia-Pacific regional level; economic, social and cultural contexts affecting human rights and democratization Asia-Pacific; current human rights issue in the region.

### HPRD 554 Practical Skills in Human Rights Protection and Promotion

An analysis of the causes of human rights violations in economic, social, and political spheres; analysis of effective strategic, legal and policy interventions in human rights protection and promotion; overview of practical skills and appropriate interventions in the promotion and protection of human rights; human rights documentation; human rights campaigns; human rights project planning.

## **HPRD 555** Concepts of Human Rights and Democratisation

Evolution of human rights concepts and institutions; outline of different concepts and theories of democratization; issues relating to human rights and democracy such as equality, justice, citizenship, feminism and popular sovereignty; institutions and systems needed to maintain and monitor democracies; the role of civil society in the promotion and protection of human rights and democracy; interdependence of and relationship between human rights and democratization; human rights and democratization in different economic, social and cultural contexts, especially in Asia-Pacific.

## **HPRD 556** Human Rights Norms and Mechanisms

Legal approaches to human rights; core human rights treaties and substantive rights contained in them; interpretation and practical implementation of international human rights standards by different legal, political, and social organizations; key features of core human rights treaties; relevant areas of international humanitarian law, and laws on sexuality, business and the environment.

## **HPRD 557-560** Critical and Emerging Human Rights Issues (either Nepal, Sri Lanka, Philippines, or Indonesia, depends on the partner university)

Outlook on issues related to human rights and democratization in partner university country and sub-region; development, post conflict societies, gender, and the environment in sub-region; causes of human rights violations and threats to democracy; protection of human rights and democracy in partner university country and sub-region at the national level and through regional bodies.

## **HPRD 561-562** Regional and National Human Rights Norms and Mechanisms (either Southeast or South Asia, depends on the partner university)

National and regional systems for promotion and protection of human rights; legal, political and social mechanisms necessary for realization of human rights at the regional and national levels; roles of the United Nations, other inter-state bodies and institution, non-governmental agencies, the media and civil society in relation

to human rights; promotion and protection of rights in constitutions; role of National Human Rights Commissions, and courts; critical assessment of the mechanisms studied; human rights, peace agreements and transitional justice mechanisms; regional and sub-regional human rights mechanisms.

#### **HPRD 563** Human Rights and Democratisation Practicum

Skills and understanding in producing documents relevant to human rights work; production of policy briefs, policy interventions, legal analyses, and human rights backgrounder papers; media opinion pieces and advocacy; coordination with domestic or international human rights or democratization organizations in developing advocacy documents; identifying audiences; social media strategy; patterns of disseminating information on human rights and democratization.

#### **HPHR 698** Thesis (12 credits)

Research on a selected topic on human rights. Research ethics. Research findings in a thesis. Presenting the thesis in academic conferences or publishing it in academic journals. Ethics in research dissemination.





### Library

The Human Rights Resource Center - IHRP Library was established more than ten years ago. It holds an extensive and up-to-date collection of books on human rights and other related fields, and runs on a web-based cataloguing system that is connected with the broader system of Mahidol University Library and Knowledge Center. Students of IHRP enjoy the borrowing privilege at the Human Rights Library as well as other libraries at Mahidol University.

Mahidol University Library and Knowledge Center also holds numerous electronics databases, electronic books, audiovisual materials, multimedia viewing equipment and specialized services including online reference service, multi-database searching and document delivery services.

#### Opening Hours

Monday - Friday - 09.00 a.m. - 05.00 p.m.  
Saturdays, Sundays & Public Holidays - Closed

#### Membership and Library Card

1. The faculty, staff and students can apply for membership at their own library. IHRP's students must apply for membership at the Human Rights Resource Center - IHRP Library only.

They must use the membership card (Student ID Card) to borrow library resources available at the Human Rights Resource Center - IHRP Library. This card can also be used to borrow books at the Central Library and other libraries in the Mahidol system. (One day for processing new membership and renewal is needed.)

2. ID cards are issued with barcodes to be used for checking-out books. Individuals must enter that number into library records.

1. One photograph (1 X 1 inch)
2. Receipt for current registration fees (only students)
3. Student ID card
4. Completed MULINET membership application form at the Circulation counter, Human Rights Resource Center - IHRP Library

Loss of card must be reported to the librarian of IHRP Library immediately to prevent unauthorized use of the card. The users are liable for all items borrowed in their names until a report is made.

## Renewal Membership

**Faculty.** The Library card of full-time faculty is issued for one academic year or contract period but part-time faculty must renew every semester during a specified time.

**Staff.** The Library card of full-time staff is issued for one academic year. Part-time staff can not apply for membership.

## Borrowing regulations for Human Rights Resource Center - IHRP Library

MEMBER	Maximum books borrowed per time	Maximum loan period per book (days)			Overdue fines (Baht/day/book)	
		General books	Reserve books	Thesis	General books	Reserve books/ Thesis
Faculty	20	20	3	3	5	30
University staff						
Resident/Fellow	15	15				
Graduate student						

Undergraduate student	10	10				
Temporary staff	10	10	-	-		
Associate members	5	5	-	-		

### Library fines and penalties

1. Users should return all items borrowed by the due date.
2. There are fines for late return of borrowed items. Users will not be able to borrow from the library if unpaid fines/charges exceed 100 Baht. Fines vary depending on the borrowing period of the item.
3. If an item is lost or damaged, the user must report this to the circulation desk immediately and will be responsible for either the replacement cost plus a processing fee of 200 Baht, or for the cost of repair.
4. Users will be charged 100 Baht/ book if it is returned with small damage, e.g. from liquids.

### How to avoid fines

1. Return items on time.
2. Renew items on or before the due date through <http://www.li.mahidol.ac.th>.
3. Make a note of due dates in a diary or keep date receipts in a safe place.



4. Check your records to see when your items are due back.
5. Don't lend your card to anyone else and don't borrow for others. If you do, you will be responsible for their fines.
6. Report lost ID cards to the library immediately.

### Ways of Renewals

1. Through <http://www.li.mahidol.ac.th>
2. By using the automated borrowing machine in some campus libraries
3. By coming in to any campus libraries circulation desk

A book may be renewed twice, unless it has been reserved by another user. However, some types of materials will never be renewed, including:

1. Materials recalled or reserved by someone else
2. Materials whose loan policies do not allow renewal, such as reserved reading, or materials checked out by special permission

You can use the library OPAC to place a hold on items that are currently borrowed by someone else or located on another campus.

### Interlibrary Loans (ILL)

Interlibrary borrow request forms are provided for borrowing materials from other academic libraries in Thailand. A valid MULINET's member card must be presented.

Photocopy requests from Thai libraries and overseas libraries are offered. Contact the librarian or ILL staff for more details concerning the service (Central Library).

### Other Mahidol University Libraries

The Central Library is the hub of the Mahidol University Library and Knowledge Center. It contains an extensive collection of over 1 million books, theses, research reports and bound journals; 1,500 printed journals; 15,000 electronic journals and 16,000 electronic books; 13,000 audiovisual materials; a number of computer terminals and multimedia viewing equipment; a full range of specialized services including online reference services, multi-database searching and document delivery services.

Ten other branch libraries are linked to the Central Library by the computer database MULINET, of which 6 are located on Salaya Campus, at the Faculty of Environment and Resource Studies, Institute for Population and Social Research, Institute of Language and Culture for Rural Development, Institute of Nutrition, ASEAN Institute for Health Development and Ratchasuda College.

All staff and students can gain access to all library facilities by showing their Mahidol University identity card. Information on all branch library opening hours and resources can be found on the Central Library's website at [www.li.mahidol.ac.th](http://www.li.mahidol.ac.th)

### Opening Hours of the Central Library

Semester	
Monday – Friday	08.00 am – 07.00 pm
Saturday	09.00 am – 05.00 pm
Summer	
Monday – Friday	08.30 am – 04.30 pm
Saturday	09.00 am – 05.00 pm
Sundays & Public Holidays	Closed

## COMPUTER, PRINTING AND INTERNET FACILITIES

Each student will be assigned his/her own Internet & email account shortly after the first registration.

Students can have free access to the University's computers available at the Information Technology Center on the ground floor of the Graduate Studies Building, on the 1<sup>st</sup> floor of the main library and on the ground floor of The President Building. However, the numbers of computers and hours of use are still limited (8.30-16.30).

To supplement the University's computer service, the IHRP provides students with additional computers in Room 307 (Students Common Room).

Due to our limited resources, the IHRP has to ask students to pay for the use of the office's printer, at the rate of 1 Baht/page. A printing contribution box is placed in the administrative office (Room 101).



## COMMON ROOM

The Common Room (Room 307) is provided for students to self-study and relax. Computers for free use by students are also available in this room. Students may ask for a copy of the room key from their respective program coordinators. The Common Room is open from Mondays to Sundays, 0900-1700H. It is available for use even on holidays. However, due to COVID-19 restrictions, the use of the Common Room is suspended until further notice.

## MAILBOX

A mailbox for students is located in the common room. Students may use the address of the IHRP as a receiving address for any postage and paper-based communications and mail they expect to receive.

## LOCKER

Lockers are provided for students. They are located in the corridor inside the common room. Students will have to pay a deposit of 100 baht for use of a locker. Contact the administrative staff to request the key.

## OTHERS

Please note that office telephones are reserved for office use only.



## Student Rights and Guidance

IHRP acknowledges the importance of student rights and agency, and has therefore implemented a variety of steps to enable students make the most of their time while at Mahidol University. This includes a proactive teaching approach in which students are encouraged to voice their opinions, but also various mechanisms that address students' dissatisfaction, including matters around grading and safe studying.

### Anti-sexual harassment protocol

The IHRP seeks to strike a balance between acknowledging a student's rights of privacy and reputation and honoring the IHRP's duty to protect students and create a safe working and study environment. The IHRP has zero tolerance for any and all forms of sexual harassment. This protocol applies to everyone at IHRP: students, staff, and visitors alike.

1. Faculty, staff, and students are expected to treat everyone with respect in all forms of interactions, whether in the classroom, on- or off-campus, or online.
2. Everyone is expected to recognize the diversity of IHRP faculty, staff, and students and to be mindful of differing cultures, religions, values around relationships.
3. To create an environment free of sexual harassment, the IHRP will endeavor to raise the awareness of IHRP faculty, staff, and students on sexual harassment by holding activities to understand and eliminate unwanted behavior.
4. While we recognize that Mahidol and IHRP support facilities and services are lacking for sexual harassment issues, the IHRP will endeavor to provide information on any support services available.

A copy of the anti-sexual harassment protocol can be found on the IHRP website.

In case there are any complaints, students may contact any member of the IHRP Senior Management Team:

Dr. Vachararutai Boontinand	vboonti@yahoo.com
Dr. Bencharat Sae Chua	bencharat.sae@mahidol.edu
Dr. Duanghathai Buranajaroenkij	duanghathai.bur@mahidol.edu

## Grievance Mechanism

IHRP has a commitment to human rights principles, and to applying and protecting those principles in creating a safe and supportive learning and working environment. The IHRP is currently drafting a grievance mechanism which will help institutionalize ways to decide on and provide fair and empowering remedies.

## Mental Health Services

IHRP supports Mahidol University in its commitment to support students who are transitioning from a life with family and friends to living alone in dormitories. In addition, the pressures of homework, exams and finding new friends can create anxiety which can be obstacles in students' pursuit of their studies. Therefore, the counseling service aims to provide assistance and guidance to reduce anxiety, increase self-awareness and assist in students finding the right answers to their challenges.



The poster for the MU-FGS Mental Health Counseling Service features a blue and yellow color scheme. At the top, it displays the Mahidol University Faculty of Graduate Studies logo. The main title 'MU-FGS Mental Health Counseling Service' is in large, bold, blue letters with a yellow outline. Below the title, it states 'FREE OF CHARGE' in red. A blue banner reads 'New service from Faculty of Graduate Studies, Mahidol University'. A list of steps includes 'Advance booking' and 'Wait for our confirmation & appointment email'. Contact information for urgent cases is provided, including a phone icon and the name Ms. Lalita Adulyakittiphaisan. A QR code is located at the bottom right, and a button at the bottom left says 'Advance booking at Google Form'.

Mahidol University  
Faculty of Graduate Studies

**MU-FGS Mental Health  
Counseling Service**

**FREE OF CHARGE**

New service from Faculty of Graduate Studies, Mahidol University

- Advance booking
- Wait for our confirmation & appointment email

Contact number for urgent cases :  
International Students  
• Ms. Lalita Adulyakittiphaisan : 08 1269 6526

Advance booking at [Google Form](#)

Or contact 088-874-7385

For Urgent help, feel depressed or in the process of receiving health service, but need someone to talk to.



#### Student's Healthcare Service

Foreign students will have AIA insurance for health insurance covering OPD, emergency and hospital stay. Please bring your passport, student ID card and health insurance card with you.

University Health Care	Health Care Unit at Salaya
	Golden Jubilee Medical Center
	Siriraj Hospital
	Ramathibodi Hospital
	Faculty of Tropical Medicine
	Faculty of Science
	Faculty of Pharmacy
University Hospitals	Golden Jubilee Medical Center
	Siriraj Hospital
	Ramathibodi Hospital
	Tropical Medicine Hospital
Dental Care	Siriraj Hospital
	Ramathibodi Hospital
	Dental Surgery Unit

## COVID-19 Measures

In response to the ongoing global pandemic, Mahidol University and IHRP have taken many steps to ensure the continuous safety of students while studying in Thailand. This includes distance learning, regular disinfection of the study facilities, limited number of students allowed in rooms (including the library and the Common Room), and more.

### Online Learning

IHRP offered 100% online classes in AY 2020-2021. Classes will be online for the first semester AY 2021-2022, however the Institute is hopeful that in-person classes can resume by the second semester 2021-2022.

To match the new learning environment, lecturers have adapted new methods in teaching, including:

1. Lectures via Zoom
2. Webinars
3. Virtual tours
4. Pre-recorded lecture sessions
5. Use of online learning management systems

### Safe Campus

The IHRP and Mahidol University have policies in place to ensure that our campuses are safe. When open, campus buildings and facilities follow rules regarding social distancing, limiting the number of people per room, temperature checks, hand cleansing and sanitation, and regular deep cleaning and disinfection of facilities. Students are informed regularly of updates regarding the pandemic situation via email and through social media applications.



### Course Registration

New students register for classes during orientation week, the week before classes start. All other students register approximately one month before classes start.

Registration dates are listed in the academic calendar. This is available at the office of IHRP or at the Faculty of Graduate Studies website:

<http://www.grad.mahidol.ac.th/grad/index.php>

On the registration date, students can quickly access the registration process by simply logging into <http://www.grad.mahidol.ac.th/gosz/index.php>. The registration will be complete with the advisor's approval and with the payment of tuition fees. If a payment is overdue, students will be charged 2,000 Baht.

### Registration

1. Students must register as a full-time student
2. Students must register no less than 9 credits and no more than 15 credits per regular semester. Students must follow the study plan for the first years of their course work
3. Students may be advised by their advisors or the program committee to take further courses in any subject offered by IHRP.

## Academic Counseling

IHRP has established an advising procedure to assist students. Students can meet individually with an academic advisor to develop both study and time-management skills. The academic advisor will provide academic advice and also supervise students who are facing academic challenges.

## Late Registration and Add/Drop Period

Students who do not register during the registration period can register during the late registration and add/drop periods. The add/drop period consists of 2-3 working days. Students can register for classes after this period only by special permission of the Registrar and only under exceptional circumstances. Any late procedure will cost 2,000 Baht.

## Course Withdrawal

Students are personally responsible for dropping a course in which they no longer wish to be enrolled. Students may withdraw from a course during the add/drop period at the beginning of the semester. Students officially withdrawing after the add/drop period will not receive a refund and will receive a W grade for the class. Permission to withdraw from a class must be obtained from the instructor. Failure to withdraw from a class will result in a grade of F. The grade of W will not be used in calculating grade point averages.

## Class Attendance

A minimum of 80 percent of class attendance is mandatory in order for students to be eligible to participate in course examinations, be it a coursework, practice, training study or field study.

## Student ID Card

When first entering IHRP, students will apply for and receive a student ID card. Students must have their ID card with them at all times while on campus and must show their ID card when requested by a university official.

## Accommodation

Numerous accommodation options are available in Salaya, both on- and off-campus, including shared housing, private flats or condos, and boarding houses. Many of the student accommodations also offer daily drop-off and pick-up services to and from campus. Some accommodation options for both staff and students are below.

### List of Accommodations

ASEAN House	<a href="http://www.aihd.mahidol.ac.th/about-aihd/?p=269">http://www.aihd.mahidol.ac.th/about-aihd/?p=269</a>	02-441-9040 to 43
Baan Kritsakorn	<a href="http://www.tee-pak.com/en/Baan+Kritsakorn+dormitory">http://www.tee-pak.com/en/Baan+Kritsakorn+dormitory</a>	02-800-3959
Bundit Place	<a href="http://www.bunditapartmentgroup.com/roomtype.html">http://www.bunditapartmentgroup.com/roomtype.html</a>	02-889-3219 to 20
The Best Plus Residence / Apartment	<a href="http://the-best-plus-residence.horpak24hour.com/">http://the-best-plus-residence.horpak24hour.com/</a> <a href="https://www.facebook.com/pages/The-Best-Plus-Residenceapartmentmahidolsalaya/268378713357892">https://www.facebook.com/pages/The-Best-Plus-Residenceapartmentmahidolsalaya/268378713357892</a>	02-441-0995 to 6
Crystal Place	<a href="http://crystalplace-salaya.com/#">http://crystalplace-salaya.com/#</a>	02-800-2904 to 8
Full House Apartment	<a href="https://www.facebook.com/Full-House-Apartment-536555216383539/">https://www.facebook.com/Full-House-Apartment-536555216383539/</a> <a href="http://www.horpakthai.com/view.php?h_id=2207">http://www.horpakthai.com/view.php?h_id=2207</a>	085-995- 1542
Miracle Place	<a href="http://miracleplace-salaya.com/">http://miracleplace-salaya.com/</a>	081-909- 8754
MU Place	<a href="http://www.muplace.net/">http://www.muplace.net/</a>	081-705- 7381
Nunta Place	<a href="http://www.nuntaplace.com/">http://www.nuntaplace.com/</a>	02-482-1049
Siripat Apartment	<a href="https://www.facebook.com/pages/Siripat-Apartment/166636670049560">https://www.facebook.com/pages/Siripat-Apartment/166636670049560</a>	02-482-1855
Sirisan Place		081-659- 7090
SP Mansion		02-441-4567
TS Mansion	<a href="http://www.tee-pak.com/en/T.s.house">http://www.tee-pak.com/en/T.s.house</a>	02-488- 22144
Viriya Masion	<a href="http://viriyamansion.com/Eng/">http://viriyamansion.com/Eng/</a>	02-482-1278

VA Apartment		02-881-6407 to 8
Uniloft Salaya	<a href="http://www.uniloft.co.th/en/location-facilities-salaya.php">http://www.uniloft.co.th/en/location-facilities-salaya.php</a>	02-444-6605
Triple A Residence	<a href="https://www.facebook.com/Triple-A-Residence-345303385546930/">https://www.facebook.com/Triple-A-Residence-345303385546930/</a>	086-374-4588
Triple Fivez	<a href="https://www.facebook.com/TripleFive5">https://www.facebook.com/TripleFive5</a>	084-646-6694
Bundit Home	<a href="http://www.bundithome.com/contact-us/">http://www.bundithome.com/contact-us/</a>	085-626-6451 02-4446600
M Residence Salaya	<a href="http://www.msalaya.com/">http://www.msalaya.com/</a>	02-800-2230
I-condo Salaya	<a href="https://www.facebook.com/pages/I-Condo-Salaya/466157693482802">https://www.facebook.com/pages/I-Condo-Salaya/466157693482802</a>	081-567-2659
Sabai Boutique Apartment	<a href="http://www.sabaiboutique.com/">http://www.sabaiboutique.com/</a> <a href="https://www.facebook.com/pages/Sabai-Boutique-Apartment/113246175421809">https://www.facebook.com/pages/Sabai-Boutique-Apartment/113246175421809</a>	02-482-1841 02-444-6513 081-614-1860 02-444-6514
Loft Salaya Latitude Salaya Longitude Salaya	<a href="http://l-residence.com/">http://l-residence.com/</a>	02-969-9811 to 2
Sabai Place and Buddy Place	<a href="https://www.renthub.in.th/en/sabai-place-buddyplace-salaya">https://www.renthub.in.th/en/sabai-place-buddyplace-salaya</a>	085-600-2516

*\* Note that the IHRP does not endorse any of these apartments. They are listed here for reference purposes only.*

When searching for an apartment, consider the following:

## RENT

Average monthly rent is about 3,500-6,500 Baht for a 20-30 square meter, furnished single room with air conditioning, bathroom and perhaps a balcony. Most apartments require an advance deposit of two or three months rent.

Note that students have to pay 2-3 month deposit plus 1 month rental fee in advance. The cost of electricity and water is not included.

## SECURITY

Although most apartment buildings have security guards, it pays to be extra careful. In addition to a built-in lock, most apartment doors have a metal ring for an extra padlock that should definitely be used.

## TELEPHONE

Most apartments do not have direct lines inside rooms.

## UTILITIES

Most apartment buildings will add a surcharge to the electricity bill of about 5 Baht per unit. The electricity bill can be very high if air-conditioning is used regularly. Expect to pay around 600 Baht per month for electricity (without excessive air-conditioning) and around 100 baht per month for water for a one-room apartment. A cost-saving option in this regard is to buy a fan (about 500 to 700 Baht).

## LAUNDRY

Coin-operated washing machines are common at apartment buildings. Many private services are also available, charging by item or a flat rate per month, which can be more economical. Note that hand washing is common for many Thais, and clothes dry very fast under the Thailand sun.

## FURNISHINGS

The definition of 'fully furnished' varies widely. A good fully furnished room provides a bed, telephone, desk, chair, wardrobe, and possibly a refrigerator, television or cable service, sometimes with English language channels.



## THAI SURVIVAL PHRASES

Let's try the following words. We hope they will make your life easier here in Thailand. Enjoy learning!

ENGLISH	THAI
Good morning, Good afternoon, Good evening, Good night, Hello, good-bye	Sawatdee
Hello (male speaker)	Sawatdee khrap
Hello (female speaker)	Sawatdee kha
Thank you	Kop khun
Yes	Chai
No	Mai chai
Mr./Miss/Mrs.	Khun
How are you?	Sabai dee reu
Fine thanks	Sabai dee
Never mind	Mai pen rai
Stop	Yute
How much does this cost?	Nee Laka tao-rai
Sorry/excuse me	Khohtode
I can't speak Thai	Phoot thai mai dai
I don't understand	Mai kao chai
Do you understand?	Kao chai mai
Where is the rest room?	Hong nam yoo tee nai
I am going to...	Chan cha pai...
No, I won't go	Chan mai pai...
Turn to the right	liao khwa
Turn to the left	liao sai
Drive straight on	Khap trong-pai
What is this?	Nee arai

Very expensive	Paeng maag
Any discount?	Lot rakha dai mai
The bill please	Gep taang / check bin
Please speak slowly	Prot phut cha-cha
Very good	Dee mak
Not good	Mai dee
Good-bye	La gon
See you again	Laew phob gan mai
Good luck	Kor hai chok dee



# MAHIDOL UNIVERSITY

